SIGNATURE BOWLS

Want to flip the bases, make it vegan, add sweets or double the chicken? Go for it! Just let us know.







Limited Time

Salads

Grain Bowls

THE RISSA ** Limited Time Only! \$\frac{1}{2}\$

Our zingy and zesty limited time bestie! Brown Rice with Kale, Diced Honeycrisp Apples, Chickpeas, Lime-Pickled Onions, Feta [D], and Candied Pecans [T,P*]

- Featuring our Harissa Tahini [S]
- Topped with Harissa Chicken!

No Feta & Sub Miso Tofu [S]

PESTO CAESAR



- Pesto Vinaigrette [D] & Caesar [D,F,E]
- % Chicken

Kick it up with a shot of Sriracha!

Brown Rice with Kale, Black Beans, Charred Corn, Red Onions, Avocado, Pita Chips [G], Feta [D]

Cilantro Lime

EL JEFE

% Chicken

Ask for it with 'the works'!

MAYWEATHER

Kale with Bulgur [G], Roasted Sweet Potatoes, Roasted Beets, Red Onions, Goat Cheese [D]. Avocado

- Lemon Tahini [S], Pesto Vinaigrette [D],
- % Chicken

'LIL BOB COBB

Arcadian Mix with Kale & Roots Rice. Roasted Sweet Potatoes, Charred Corn, Red Onions, Cucumbers, Avocado, Hard Boiled Egg [E]

- Greek Feta [D]
- % Chicken

TAMARI

Brown Rice & Kale with Roasted Broccoli, Red Onion, Carrots, Pickled Jalapeños, Red Cabbage. Toasted Almonds [N]

- Miso Ginger [S]

YAM JAM

Roots Rice with Spinach, Roasted Sweet Potatoes X2, Pita Chips [G], Red Onions, Goat Cheese [D], Dried Cranberries

- 🌋 Lemon Tahini [S]
- (No Grill Item Included)

Ask for it with a splash of red wine vinegar!

THE BALBOA

Brown Rice with Roasted Sweet Potatoes. Charred Corn. Avocado, Pita Chips [G], Feta [D]. Lime-Pickled Onions

- 🍍 Lemon Tahini [S], Caesar [D,F,E] & Frank's Red Hot
- X Chicken X 1.5

THE APOLLO

Brown Rice with Spinach, Chickpeas, Cucumbers, Feta [D], Tomatoes, Red Onions, Pita Chips [G]

- Lemon Za'atar
- Chicken

THE SOUTHERN

Roots Rice with Kale, Chickpeas, Roasted Broccoli, Charred Corn, Lime-Pickled Onions. Cheddar [D]

- Lemon Tahini [S]
- ▼ BBQ Tofu [S]

MAD BOWL

Brown Rice with Spinach, Cannellini Beans, Roasted Broccoli, Cucumbers, Grape Tomatoes, Red Onions, Shaved Parmesan [D]

- Pesto Vinaigrette [D] & Basil Balsamic
- X Chimichurri Mushrooms

CREATE YOUR OWN

BUILD YOUR BASE

We recommend choosing 1 primary base and 1 secondary base.

繆 Grains

Brown Rice Roots Rice Bulgur [G]

Lettuces



Kale Arcadian Mix Spinach

ADD YOUR INGREDIENTS

5 ingredients are included. Additional are .75 each unless specified otherwise.

Roasted

Roasted Sweet Potatoes Roasted Beets Roasted Broccoli

Beans

Cannellini Beans Black Beans Chickpeas

Cheeses

Feta [D] Parmesan [D] Goat Cheese [D] (+\$1.50) White Cheddar [D]

And More!

Charred Corn Cucumbers **Grape Tomatoes Red Onions** Pita Chips [G] Avocado (+\$1.95) Lime-Pickled Onions Pickled Carrots Purple Cabbage Pickled Jalapeños **Dried Cranberries** Hard-Boiled Egg [E] Toasted Almonds [N] Diced Honeucrisp Apples 🛼

Candied Pecans* [T,P] *

CHOOSE YOUR DRESSING(S)

All our dressings are made daily in house! Dressings without dairy [D] are vegan.

House-Made Dressings

Cilantro Lime Lemon Tahini [S] Caesar [D,F,E] Pesto Vinaigrette [D] Basil Balsamic Greek Feta [D] Lemon Za'atar

Citrus & Spice!

Chipotle Tabasco Sriracha Frank's Red Hot Lime Squeeze Lemon Squeeze

The Basics

Olive Oil Red Wine Vinegar

CHOOSE YOUR GRILL ITEM(S)

Bowl price includes one grill item serving.

Grilled Options

Miso Ginger [S] Harissa Tahini [S]

Adobo Chicken Harissa Chicken BBQ Tofu [S] Red Chili Miso Tofu [S] Chimichurri Mushrooms No Grilled Option

Add Extra

3.75 3.75 2 75 2.75 2.75



Limited Time Item

Allergens: Gluten [G] Dairy [D] Soy [S] Fish [F] Tree Nuts [N] Egg [E] Shellfish [Sh] Peanut [P] *Candied Pecans are made in a facility with peanuts.