

# SIGNATURE BOWLS

Want to flip the bases, make it vegan, add sweets or double the chicken? **Go for it! Just let us know.**



## THE GARU ★★ Limited Time Only! ★★

A fiery fusion of flavor! Brown Rice with Kale, **Kimchi** [G,F,Sh]\*, Charred Corn, Red Onions, Pickled Carrots, and **Honey Sesame Sticks** [G,S]

🥄 Featuring our **Sesame Caesar** [D,E,F,G,S]  
🔪 Topped with **Korean BBQ Chicken!** [G,S]

🌱 Sub ½ Lemon Tahini [S] ½ Miso Ginger [S]  
dressing and BBQ Tofu [S]

## PESTO CAESAR 🌱

Kale with Bulgur [G], Tomatoes, Pita Chips [G], Lime-Pickled Onions, Shaved Parmesan [D]

🥄 Pesto Vinaigrette [D] & Caesar [D,F]  
🔪 Chicken

**Kick it up with a shot of Sriracha!**

## MAYWEATHER

Kale with Bulgur [G], Roasted Sweet Potatoes, Roasted Beets, Red Onions, Goat Cheese [D], Avocado

🥄 Lemon Tahini [S], Pesto Vinaigrette [D],  
🔪 Chicken

## CORNER COBB

Arcadian Mix with Kale & Roots Rice, Roasted Sweet Potatoes, Charred Corn, Red Onions, Cucumbers, Avocado, Hard Boiled Egg [E]

🥄 Greek Feta [D]  
🔪 Chicken

## TAMARI

Brown Rice with Kale, Roasted Broccoli, Red Onion, Carrots, Pickled Jalapeños, Red Cabbage, Toasted Almonds [N]

🥄 Miso Ginger [S]  
🔪 Red Chili Miso Tofu [S]

## YAM JAM

Roots Rice with Spinach, Roasted Sweet Potatoes X2, Pita Chips [G], Red Onions, Goat Cheese [D], Dried Cranberries

🥄 Lemon Tahini [S]  
🔪 (No Grill Item Included)

**Ask for it with a splash of red wine vinegar!**

## EL JEFE 🌱

Brown Rice with Kale, Black Beans, Charred Corn, Red Onions, Avocado, Pita Chips [G], Feta [D]

🥄 Cilantro Lime  
🔪 Chicken

**Ask for it with 'the works'!**

## THE BALBOA

Brown Rice with Roasted Sweet Potatoes, Charred Corn, Avocado, Pita Chips [G], Feta [D], Lime-Pickled Onions

🥄 Lemon Tahini [S], Caesar [D,F] & Frank's Red Hot  
🔪 Chicken X 1.5

## THE APOLLO

Brown Rice with Spinach, Chickpeas, Cucumbers, Feta [D], Tomatoes, Red Onions, Pita Chips [G]

🥄 Lemon Za'atar  
🔪 Chicken

## THE SOUTHERN

Roots Rice with Kale, Chickpeas, Roasted Broccoli, Charred Corn, Lime-Pickled Onions, Cheddar [D]

🥄 Lemon Tahini [S]  
🔪 BBQ Tofu [S]

## MAD BOWL

Brown Rice with Spinach, Cannellini Beans, Roasted Broccoli, Cucumbers, Grape Tomatoes, Red Onions, Shaved Parmesan [D]

🥄 Pesto Vinaigrette [D] & Basil Balsamic  
🔪 Chimichurri Mushrooms

# CREATE YOUR OWN

## 1 BUILD YOUR BASE

We recommend choosing 1 primary base and 1 secondary base.

### Grains 🌾

Brown Rice  
Roots Rice  
Bulgur [G]

### Lettuces 🥬

Kale  
Arcadian Mix  
Spinach

## 2 ADD YOUR INGREDIENTS

5 ingredients are included. Additional are .60 each unless specified otherwise.

### Roasted

Roasted Sweet Potatoes  
Roasted Beets  
Roasted Broccoli

### Beans

Cannellini Beans  
Black Beans  
Chickpeas

### Cheeses

Feta [D]  
Parmesan [D]  
Goat Cheese [D] (+\$1.25)  
White Cheddar [D]

### And More!

Charred Corn  
Cucumbers  
Grape Tomatoes  
Red Onions  
Pita Chips [G]  
Avocado (+\$2.00)  
Lime-Pickled Onions  
Pickled Carrots  
Purple Cabbage  
Pickled Jalapeños  
Dried Cranberries  
Hard-Boiled Egg [E]  
Toasted Almonds [N]  
**Honey Sesame Sticks** [G,S] ★★  
**Kimchi** [G,S,Sh] ★★

## 3 CHOOSE YOUR DRESSING(S)



All our dressings are made daily in house! Dressings without dairy [D] are vegan.

### House-Made Dressings

Cilantro Lime  
Lemon Tahini [S]  
Caesar [D] [F]  
Pesto Vinaigrette [D]  
Basil Balsamic  
Greek Feta [D]  
Lemon Za'atar  
Miso Ginger [S]  
**Sesame Caesar** [D,F,E] ★★

### Citrus & Spice! 🍹 🥫

Chipotle Tabasco  
Sriracha  
Frank's Red Hot  
Lime Squeeze  
Lemon Squeeze

### The Basics

Olive Oil  
Red Wine Vinegar

## 4 CHOOSE YOUR GRILL ITEM(S)



Bowl price includes one grill item serving.

### Grilled Options

Adobo Chicken  
**Korean BBQ Chicken** [G,S] ★★  
BBQ Tofu [S]  
Red Chili Miso Tofu [S]  
Chimichurri Mushrooms

### Add Extra

3.25  
3.25  
2.40  
2.40  
2.40

🌱 Roots Favorite

★★ Limited Time Item

Allergens: Gluten [G] Dairy [D] Soy [S] Fish [F] Tree Nuts [N] Egg [E] Shellfish [Sh]

\*Kimchi: backup brand (Lucky Foods) contains gluten, fish and shellfish. Usual brand (Cleveland Kitchen) free of gluten, fish and shellfish.