

SIGNATURE BOWLS

Want to flip the bases, make it vegan, add sweets or double the chicken? **Go for it! Just let us know.**



THE GARU ★★ Limited Time Only! ★★

A fiery fusion of flavor! Brown Rice with Kale, **Kimchi** [G,F,Sh]*, Charred Corn, Red Onions, Pickled Carrots, and **Honey Sesame Sticks** [G,S]

🥗 Featuring our **Sesame Caesar** [D,E,F,G,S]
🍴 Topped with **Korean BBQ Chicken!** [G,S]

🌱 Sub ½ Lemon Tahini [S] ½ Miso Ginger [S]
dressing and BBQ Tofu [S]

PESTO CAESAR 🌱

Kale with Bulgur [G], Tomatoes, Pita Chips [G], Lime-Pickled Onions, Shaved Parmesan [D]

🥗 Pesto Vinaigrette [D] & Caesar [D,F]
🍴 Chicken

Kick it up with a shot of Sriracha!

MAYWEATHER

Kale with Bulgur [G], Roasted Sweet Potatoes, Roasted Beets, Red Onions, Goat Cheese [D], Avocado

🥗 Lemon Tahini [S], Pesto Vinaigrette [D],
🍴 Chicken

CORNER COBB

Arcadian Mix with Kale & Roots Rice, Roasted Sweet Potatoes, Charred Corn, Red Onions, Cucumbers, Avocado, Hard Boiled Egg [E]

🥗 Greek Feta [D]
🍴 Chicken

TAMARI

Brown Rice with Kale, Roasted Broccoli, Red Onion, Carrots, Pickled Jalapeños, Red Cabbage, Toasted Almonds [N]

🥗 Miso Ginger [S]
🍴 Red Chili Miso Tofu [S]

ROOTS BOWL

Roots Rice with Spinach, Roasted Sweet Potatoes X2, Pita Chips [G], Red Onions, Goat Cheese [D], Dried Cranberries

🥗 Lemon Tahini [S]
🍴 (No Grill Item Included)

Ask for it with a splash of red wine vinegar!

EL JEFE 🌱

Brown Rice with Kale, Black Beans, Charred Corn, Red Onions, Avocado, Pita Chips [G], Feta [D]

🥗 Cilantro Lime
🍴 Chicken

Ask for it with 'the works'!

THE BALBOA

Brown Rice with Roasted Sweet Potatoes, Charred Corn, Avocado, Pita Chips [G], Feta [D], Lime-Pickled Onions

🥗 Lemon Tahini [S], Caesar [D,F] & Frank's Red Hot
🍴 Chicken X 1.5

THE APOLLO

Brown Rice with Spinach, Chickpeas, Cucumbers, Feta [D], Tomatoes, Red Onions, Pita Chips [G]

🥗 Lemon Za'atar
🍴 Chicken

THE SOUTHERN

Roots Rice with Kale, Chickpeas, Roasted Broccoli, Charred Corn, Lime-Pickled Onions, Cheddar [D]

🥗 Lemon Tahini [S]
🍴 BBQ Tofu [S]

MAD BOWL

Brown Rice with Spinach, Cannellini Beans, Roasted Broccoli, Cucumbers, Grape Tomatoes, Red Onions, Shaved Parmesan [D]

🥗 Pesto Vinaigrette [D] & Basil Balsamic
🍴 Chimichurri Mushrooms

CREATE YOUR OWN

1 BUILD YOUR BASE

We recommend choosing 1 primary base and 1 secondary base.

Grains 🌾

Brown Rice
Roots Rice
Bulgur [G]

Lettuces 🥬

Kale
Arcadian Mix
Spinach

2 ADD YOUR INGREDIENTS

5 ingredients are included. Additional are .60 each unless specified otherwise.

Roasted

Roasted Sweet Potatoes
Roasted Beets
Roasted Broccoli

Beans

Cannellini Beans
Black Beans
Chickpeas

Cheeses

Feta [D]
Parmesan [D]
Goat Cheese [D] (+\$1.25)
White Cheddar [D]

And More!

Charred Corn
Cucumbers
Grape Tomatoes
Red Onions
Pita Chips [G]
Avocado (+\$2.00)
Lime-Pickled Onions
Pickled Carrots
Purple Cabbage
Pickled Jalapeños
Dried Cranberries
Hard-Boiled Egg [E]
Toasted Almonds [N]
Honey Sesame Sticks [G,S] ★★
Kimchi [G,S,Sh] ★★

3 CHOOSE YOUR DRESSING(S)



All our dressings are made daily in house! Dressings without dairy [D] are vegan.

House-Made Dressings

Cilantro Lime
Lemon Tahini [S]
Caesar [D] [F]
Pesto Vinaigrette [D]
Basil Balsamic
Greek Feta [D]
Lemon Za'atar
Miso Ginger [S]
Sesame Caesar [D,F,E] ★★

Citrus & Spice! 🍹 🍷

Chipotle Tabasco
Sriracha
Frank's Red Hot
Lime Squeeze
Lemon Squeeze

The Basics

Olive Oil
Red Wine Vinegar

4 CHOOSE YOUR GRILL ITEM(S)



Bowl price includes one grill item serving.

Grilled Options

Adobo Chicken
Korean BBQ Chicken [G,S] ★★
BBQ Tofu [S]
Red Chili Miso Tofu [S]
Chimichurri Mushrooms

Add Extra

3.25
3.25
2.40
2.40
2.40

🌱 Roots Favorite

★★ Limited Time Item

Allergens: Gluten [G] Dairy [D] Soy [S] Fish [F] Tree Nuts [N] Egg [E] Shellfish [Sh]

*Kimchi: backup brand (Lucky Foods) contains gluten, fish and shellfish. Usual brand (Cleveland Kitchen) free of gluten, fish and shellfish.