THE SPREADS

Recreate the Roots line at your event! Individuals create their own bowls buffet-style. Choose one of our 3 spreads featuring our favorite ingredients, bases, dressings & grilled items.



THE CLASSIC \$11.50 per person

The Happy Medium — everything

THE WORKS

THE SUPREME \$16.50 per person

The Essentials — the basics. Simple & satisfying!

BASES: Brown Rice, Kale

INGREDIENTS: Black Beans, Charred Corn, Red Onions, Pita Chips G

CHEESES: Feta D

GRILL: Chicken & BBO Tofu

DRESSINGS: Cilantro Lime, Caesar D,F

ALLERGENS

D = Dairy G = Gluten F = Fish

No item contains peanuts

ltems without Chicken, Fish or Dairy noted are 100% Vegan

in the Classic, plus a 'lil more!

\$14.00 per person

BASES: Brown Rice, Kale, Arcadian Mix **INGREDIENTS: Black Beans, Charred** Corn, Red Onions, Pita Chips^G, Sweet Potatoes, Cucumbers, Tomatoes

CHEESES: Feta D& Parmesan D

GRILL: Chicken & BBQ Tofu

DRESSINGS: Cilantro Lime, Caesar D,F

CITRUS & SPICE: Sriracha, Tabasco, Lemons & Limes

The Most Variety — our widest

array of ingredients & dressings! BASES: Brown Rice, Kale, Arcadian Mix

INGREDIENTS: Black Beans, Charred Corn, Pita Chips^G, Roasted Sweet Potatoes, Cucumbers, Tomatoes, Chickpeas, Roasted Broccoli, Lime-Pickled Onions, Pickled Jalapeños

CHEESES: Feta D& Parmesan D

GRILL: Chicken & BBQ Tofu

DRESSINGS: Cilantro Lime, Caesar, D, F Pesto Vinaigrette

CITRUS & SPICE: Sriracha, Tabasco, Lemons & Limes

Mix & Match Our Signature Bowls -Mega Sized! Quick & easy for any group. Each serves 5-7 people.



Choose an Arrau of Signatures or custom bowls. Individually labelled. A perfect Grab & Go option. Signatures - \$13.50 Customs - \$15.50



RINKS

Take your meal up a notch bu adding an assortment of drinks! \$2-4 per person



