

# SIGNATURE BOWLS

Want to flip the bases, make it vegan, add sweets or double the chicken? **Go for it! Just let us know.**



Limited Time



Salads



Grain Bowls

## THE COCO LOCO *Limited Time Only!*

A crunchy, creamy, summer {salad} dream! Kale with Roots Rice, Roasted Broccoli, **Edamame** [S], Pickled Carrots, Purple Cabbage, Lime-Pickled Onions and **Toasted Coconut Flakes** [N].

🥄 Featuring our **Thai Lime Dressing** [S] [N] & Lemon Tahini [S]

🍴 Topped with **Coconut Curry Chicken!** [S] [N] 🌱 Substitute Red Chili Miso Tofu [S]

## PESTO CAESAR

Kale with Bulgur [G], Tomatoes, Pita Chips [G], Lime-Pickled Onions, Shaved Parmesan

🥄 Pesto Vinaigrette [D] & Caesar [D,F]

🍴 Chicken

**Kick it up with a shot of Sriracha!**

## MAYWEATHER

Kale with Bulgur [G], Roasted Sweet Potatoes, Roasted Beets, Red Onions, Goat Cheese [D], Avocado

🥄 Lemon Tahini [S], Pesto Vinaigrette [D], 🍴 Chicken

## CORNER COBB

Arcadian Mix with Kale & Roots Rice, Roasted Sweet Potatoes, Charred Corn, Red Onions, Cucumbers, Avocado, Hard Boiled Egg [E]

🥄 Greek Feta [D], 🍴 Chicken

## TAMARI

Brown Rice with Kale, Roasted Broccoli, Red Onion, Carrots, Pickled Jalapeños, Red Cabbage, Toasted Almonds [N]

🥄 Miso Ginger [S], 🍴 Red Chili Miso Tofu [S]

## ROOTS BOWL

Roots Rice with Spinach, Roasted Sweet Potatoes X2, Pita Chips [G], Red Onions, Goat Cheese [D], Dried Cranberries

🥄 Lemon Tahini, 🍴 (No Grill Item Included)

**Ask for it with a splash of red wine vinegar!**

## EL JEFE

Brown Rice with Kale, Black Beans, Charred Corn, Red Onions, Avocado, Pita Chips [G], Feta [D]

🥄 Cilantro Lime, 🍴 Chicken

**Ask for it with 'the works'!**

## THE BALBOA

Brown Rice with Roasted Sweet Potatoes, Charred Corn, Avocado, Pita Chips [G], Feta [D], Lime-Pickled Onions

🥄 Lemon Tahini [S], Caesar [D,F] & Frank's Red Hot, 🍴 Chicken X 1.5

## THE APOLLO

Brown Rice with Spinach, Chickpeas, Cucumbers, Feta [D], Tomatoes, Red Onions, Pita Chips [G]

🥄 Lemon Za'atar, 🍴 Chicken

## THE SOUTHERN

Roots Rice with Kale, Chickpeas, Roasted Broccoli, Charred Corn, Lime-Pickled Onions, Cheddar [D]

🥄 Lemon Tahini [S], 🍴 BBQ Tofu [S]

## MAD BOWL

Brown Rice with Spinach, Cannellini Beans, Roasted Broccoli, Cucumbers, Grape Tomatoes, Red Onions, Shaved Parmesan [D]

🥄 Pesto Vinaigrette [D] & Basil Balsamic, 🍴 Chimichurri Mushrooms

# CREATE YOUR OWN

## 1 BUILD YOUR BASE

We recommend choosing 1 primary base and 1 secondary base.

### Grains

Brown Rice  
Roots Rice  
Bulgur [G]

### Lettuces

Kale  
Arcadian Mix  
Spinach

## 2 ADD YOUR INGREDIENTS

5 ingredients are included. Additional are .60 each unless specified otherwise.

### Roasted

Roasted Sweet Potatoes  
Roasted Beets  
Roasted Broccoli

### Beans

Cannellini Beans  
Black Beans  
Chickpeas

### Cheeses

Feta [D]  
Parmesan [D]  
Goat Cheese [D] (+\$1.25)  
White Cheddar [D]

### And More!

Charred Corn  
Cucumbers  
Grape Tomatoes  
Red Onions  
Pita Chips [G]  
Avocado (+\$1.85)  
Lime-Pickled Onions  
Pickled Carrots  
Purple Cabbage  
Pickled Jalapeños  
Dried Cranberries  
Hard-Boiled Egg [E]  
Toasted Almonds [N]  
**Toasted Coconut Flakes** [N] ✨  
Edamame [S] ✨

## 3 CHOOSE YOUR DRESSING(S)



All our dressings are made daily in house! Dressings without dairy [D] are vegan.

### House-Made Dressings

Cilantro Lime  
Lemon Tahini [S]  
Caesar [D] [F]  
Pesto Vinaigrette [D]  
Basil Balsamic  
Greek Feta [D]  
Lemon Za'atar  
Miso Ginger [S]  
Thai Lime [S] [N] ✨

### Citrus & Spice!

Chipotle Tabasco  
Sriracha  
Frank's Red Hot  
Lime Squeeze  
Lemon Squeeze

### The Basics

Olive Oil  
Red Wine Vinegar

## 4 CHOOSE YOUR GRILL ITEM(S)



Bowl price includes one grill item serving.

### Grilled Options

Adobo Chicken 3.25  
**Coconut Curry Chicken** [S] [N] ✨ 3.25  
BBQ Tofu [S] 2.60  
Red Chili Miso Tofu [S] 2.60  
Chimichurri Mushrooms 2.60  
No Grill Option -----

### Add Extra

☯️ Roots Favorite

✨ Limited Time Item

Allergens: Gluten [G] Dairy [D] Soy [S] Fish [F] Tree Nuts [N] Egg [E]