

# SIGNATURE BOWLS



Want to flip the bases, make it vegan, add sweets or double the chicken?  
**Go for it! Just let us know.**

## PESTO CAESAR

Kale with Bulgur [G], Tomatoes, Pita Chips [G],  
Lime-Pickled Onions, Shaved Parmesan  
🥄 Pesto Vinaigrette [D] & Caesar [D,F]  
🍗 Chicken

Kick it up with a shot of Sriracha!

## MAYWEATHER

Kale with Bulgur [G], Roasted Sweet Potatoes,  
Roasted Beets, Red Onions, Goat Cheese [D],  
Avocado  
🥄 Lemon Tahini [S], Pesto Vinaigrette [D],  
🍗 Chicken

## CORNER COBB

Arcadian Mix with Kale & Roots Rice, Roasted  
Sweet Potatoes, Charred Corn, Red Onions,  
Cucumbers, Avocado, Hard Boiled Egg [E]  
🥄 Greek Feta [D]  
🍗 Chicken

## TAMARI

Brown Rice with Kale, Roasted Broccoli, Red  
Onion, Carrots, Pickled Jalapeños, Red  
Cabbage, Toasted Almonds [N]  
🥄 Miso Ginger [S]  
🍗 Red Chili Miso Tofu [S]

## ROOTS BOWL

Roots Rice with Spinach, Roasted Sweet  
Potatoes X2, Pita Chips [G], Red Onions,  
Goat Cheese [D], Dried Cranberries  
🥄 Lemon Tahini [S]  
🍗 (No Grill Item Included)

Ask for it with a splash of red wine vinegar!

## EL JEFE

Brown Rice with Kale, Black Beans, Charred Corn,  
Red Onions, Avocado, Pita Chips [G], Feta [D]  
🥄 Cilantro Lime  
🍗 Chicken

Ask for it with 'the works'!

## THE BALBOA

Brown Rice with Roasted Sweet Potatoes,  
Charred Corn, Avocado, Pita Chips [G], Feta [D],  
Lime-Pickled Onions  
🥄 Lemon Tahini [S], Caesar [D,F] & Frank's Red Hot  
🍗 Chicken X 1.5

## THE APOLLO

Brown Rice with Spinach, Chickpeas,  
Cucumbers, Feta [D], Tomatoes, Red Onions,  
Pita Chips [G]  
🥄 Lemon Za'atar  
🍗 Chicken

## THE SOUTHERN

Roots Rice with Kale, Chickpeas, Roasted  
Broccoli, Charred Corn, Lime-Pickled Onions,  
Cheddar [D]  
🥄 Lemon Tahini [S]  
🍗 BBQ Tofu [S]

## MAD BOWL

Brown Rice with Spinach, Cannellini Beans,  
Roasted Broccoli, Cucumbers, Grape Tomatoes,  
Red Onions, Shaved Parmesan [D]  
🥄 Pesto Vinaigrette [D] & Basil Balsamic  
🍗 Chimmichurri Mushrooms

# CREATE YOUR OWN

## 1 BUILD YOUR BASE

We recommend choosing  
1 primary base and 1  
secondary base.

### Grains

Brown Rice  
Roots Rice  
Bulgur [G]

### Lettuces

Kale  
Arcadian Mix  
Spinach

## 2 ADD YOUR INGREDIENTS

5 ingredients are included.  
Additional are .60 each  
unless specified otherwise.

### Roasted

Roasted Sweet Potatoes  
Roasted Beets  
Roasted Broccoli

### Beans

Cannellini Beans  
Black Beans  
Chickpeas

### Cheeses

Feta [D]  
Parmesan [D]  
Goat Cheese [D] (+\$1.25)  
Cheddar [D]

### And More!

Charred Corn  
Cucumbers  
Grape Tomatoes  
Red Onions  
Pita Chips [G]  
Avocado (+\$1.85)  
Lime-Pickled Onions  
Pickled Carrots  
Purple Cabbage  
Pickled Jalapeños  
Dried Cranberries  
Hard-Boiled Egg [E]  
Toasted Almonds [N]

## 3 CHOOSE YOUR DRESSING(S)



All our dressings are made  
daily in house! Dressings  
without dairy [D] are vegan.

### House-Made Dressings

Cilantro Lime  
Lemon Tahini [S]  
Caesar [D,F]  
Pesto Vinaigrette [D]  
Basil Balsamic  
Greek Feta [D]  
Lemon Za'atar  
Miso Ginger [S]

### Citrus & Spice!

Chipotle Tabasco  
Sriracha  
Frank's Red Hot  
Lime Squeeze  
Lemon Squeeze

### The Basics

Olive Oil  
Red Wine Vinegar

## 4 CHOOSE YOUR GRILL ITEM(S)



Bowl price includes one grill  
item serving.

### Grilled Options

Adobo Chicken  
BBQ Tofu [S]  
Red Chili Miso Tofu [S]  
Chimichurri Mushrooms  
No Grilled Option

### Add Extra

3.25  
2.40  
2.40  
2.40  
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🌱 Roots Favorite

Allergens: Gluten [G] Dairy [D] Soy [S] Fish [F] Tree Nuts [N] Egg [E]