

SIGNATURE BOWLS

\$13

Want to flip the bases, make it vegan, add sweets or double the chicken? **Go for it! Just let us know.**



Limited Time



Salads



Grain Bowls

EL CAPITÁN ★★ Limited Time Only! ★★

Sailing in to steal El Jefe's thunder! Brown rice with Kale, Black Beans, Grape Tomatoes, Red Onions, Charred Corn, Cheddar Cheese & **Tortilla Strips** [G].

🥄 Featuring our **Creamy Chipotle Lime** [D] Dressing

🍴 Topped with **Mojo Pulled Pork** or substitute it for **Mojo Jackfruit**!

PESTO CAESAR 🌱

Kale with Bulgur [G], Tomatoes, Pita Chips [G], Lime-Pickled Onions, Shaved Parmesan

🥄 Pesto Vinaigrette [D] & Caesar [D,F]

🍴 Chicken

Kick it up with a shot of Sriracha!

MAYWEATHER

Kale with Bulgur [G], Roasted Sweet Potatoes, Roasted Beets, Red Onions, Goat Cheese [D], Avocado

🥄 Lemon Tahini [S], Pesto Vinaigrette [D],

🍴 Chicken

CORNER COBB

Arcadian Mix with Kale & Roots Rice, Roasted Sweet Potatoes, Charred Corn, Red Onions, Cucumbers, Avocado, Hard Boiled Egg [E]

🥄 Greek Feta [D]

🍴 Chicken

TAMARI

Brown Rice with Kale, Roasted Broccoli, Red Onion, Carrots, Pickled Jalapeños, Red Cabbage, Toasted Almonds [N]

🥄 Miso Ginger [S]

🍴 Red Chili Miso Tofu [S]

ROOTS BOWL

12.00

Roots Rice with Spinach, Roasted Sweet Potatoes X2, Pita Chips [G], Red Onions, Goat Cheese [D], Dried Cranberries

🥄 Lemon Tahini

🍴 (No Grill Item Included)

Ask for it with a splash of red wine vinegar!

EL JEFE 🌱

Brown Rice with Kale, Black Beans, Charred Corn, Red Onions, Avocado, Pita Chips [G], Feta [D]

🥄 Cilantro Lime

🍴 Chicken

Ask for it with 'the works'!

THE BALBOA

Brown Rice with Roasted Sweet Potatoes, Charred Corn, Avocado, Pita Chips [G], Feta [D], Lime-Pickled Onions

🥄 Lemon Tahini [S], Caesar [D,F] & Frank's Red Hot

🍴 Chicken X 1.5

THE APOLLO

Brown Rice with Spinach, Chickpeas, Cucumbers, Feta [D], Tomatoes, Red Onions, Pita Chips [G]

🥄 Lemon Za'atar

🍴 Chicken

THE SOUTHERN

Roots Rice with Kale, Chickpeas, Roasted Broccoli, Charred Corn, Lime-Pickled Onions, Cheddar [D]

🥄 Lemon Tahini [S]

🍴 BBQ Tofu [S]

MAD BOWL

12.15

Brown Rice with Spinach, Cannellini Beans, Roasted Broccoli, Cucumbers, Grape Tomatoes, Red Onions, Shaved Parmesan [D]

🥄 Pesto Vinaigrette [D] & Basil Balsamic

🍴 Chimichurri Mushrooms

CREATE YOUR OWN

\$15

1 BUILD YOUR BASE

We recommend choosing 1 primary base and 1 secondary base.

Grains 🌾

Brown Rice

Roots Rice

Bulgur [G]

Lettuces 🥬

Kale

Arcadian Mix

Spinach

2 ADD YOUR INGREDIENTS

5 ingredients are included. Additional are .60 each unless specified otherwise.

Roasted

Roasted Sweet Potatoes

Roasted Beets

Roasted Broccoli

Beans

Cannellini Beans

Black Beans

Chickpeas

Cheeses

Feta [D]

Parmesan [D]

Goat Cheese [D] (+\$1.25)

Cheddar [D]

And More!

Charred Corn

Cucumbers

Grape Tomatoes

Red Onions

Pita Chips [G]

Avocado (+\$1.75)

Lime-Pickled Onions

Pickled Carrots

Purple Cabbage

Pickled Jalapeños

Dried Cranberries

Hard-Boiled Egg [E]

Toasted Almonds [N]

Tortilla Strips [G] ★★

3 CHOOSE YOUR DRESSING(S)



All our dressings are made daily in house! Dressings without dairy [D] are vegan.

House-Made Dressings

Cilantro Lime

Lemon Tahini [S]

Caesar [D,F]

Pesto Vinaigrette [D]

Basil Balsamic

Greek Feta [D]

Lemon Za'atar

Miso Ginger [S]

Creamy Chipotle Lime [D] ★★

Citrus & Spice! 🍹

Chipotle Tabasco

Sriracha

Frank's Red Hot

Lime Squeeze

Lemon Squeeze

The Basics

Olive Oil

Red Wine Vinegar

4 CHOOSE YOUR GRILL ITEM(S)



Bowl price includes one grill item serving.

Grilled Options

Adobo Chicken

Mojo Pulled Pork ★★

Mojo Jackfruit ★★

BBQ Tofu [S]

Red Chili Miso Tofu [S]

Chimichurri Mushrooms

No Grilled Option

Add Extra

3.00

4.00

3.00

2.00

2.00

2.00



Roots Favorite



Limited Time Item

Allergens: Gluten [G] Dairy [D] Soy [S] Fish [F] Tree Nuts [N] Peanuts [P] Egg [E]