



It's complicated to cater  
to everyone's dietary  
restrictions . . .

WE ARE HERE FOR YOU!

# CATERING

MENU

To place an order or  
inquire about pricing,  
please email us at  
[catering@rootsnk.com](mailto:catering@rootsnk.com) or  
call us at 434.465.2811



**ROOTS**

NATURAL KITCHEN

# THE SPREAD

SERVES A MINIMUM OF 15

Recreate the Roots line at your home or workspace! The Spread offers your group an array of vegetables, grains, proteins, and sauces all laid out separately on the table. Each individual moves down the line creating their own custom bowl. This option is perfect for any larger group, because it ensures a variety of options for the growing number of individuals with dietary allergies or preferences. Plus, it's fun! We offer a choice of Spread options listed below. You are always welcome to add more ingredients to personalize your order.

## CLASSIC

\$7.50-\$8.50

**Primary Bases:** Brown Rice & Kale

**Ingredients:** Black Beans, Charred Corn, Red Onions, Pita Chips, Cucumbers

**Cheese:** Feta

**Grill:** Chicken & BBQ Tofu

**Sauces:** Cilantro Lime, Pesto Vinaigrette, Olive Oil, Tabasco, Lemons & Limes

## CLASSIC WORKS

\$10-\$11

**Primary Bases:** Brown Rice, Kale & Arcadian Greens

**Ingredients:** Black Beans, Charred Corn, Sweet Potatoes, Grape Tomatoes, Red Onion, Pita Chips, Cucumbers

**Cheeses:** Feta & Parmesan

**Grill:** Chicken & BBQ Tofu

**Sauces:** Cilantro Lime, Caesar, Pesto Vinaigrette, Olive Oil, Sriracha, Tabasco, Lemons & Limes



We also offer a 100% plant-based spread option.



Drinks and desserts available upon request

## THE STANDARD

\$12.50-\$13.50

**Primary Bases:** Brown Rice, Kale & Spinach

**Ingredients:** Black Beans, Charred Corn, Sweet Potatoes, Grape Tomatoes, Pita Chips, Cucumbers, Beets, Broccoli

**Pickled:** Jalapeños & Onions

**Cheeses:** Feta, Parmesan, Goat Cheese

**Grill:** Chicken & BBQ Tofu

**Sauces:** Cilantro Lime, Caesar, Pesto Vinaigrette, Olive Oil, Sriracha, Tabasco, Lemons & Limes

**Additions:** Avocado, Boiled Egg, Goat Cheese, Toasted Almonds



# BIG OR SMALL BOWLS

BIG SERVES 10 \$100  
SMALL SERVES 1 \$10

The Small Bowls are what made Roots famous years ago! This is your order for grab-and-go events, as well as smaller group luncheons. Big Bowls are larger versions of our small bowls and feed 10 people. A Big Bowl order is the choice for medium-sized get-togethers, game day, or if you have limited set up space. Chose a couple signature bowls, take the lids off and your work is done. It's that simple. Visit our website to view the full range of signature bowls.

Looking to spruce up your sandwich event? Contact us about our Mini-Bowls!

