



IT'S GOOD

*Please text us any feedback  
you have to (347) 766-8799.  
We'd love to hear from you!*

 @rootsnk



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TO GO MENU

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1329 West Main Street  
Charlottesville, VA  
(434) 529-6229

# SIGNATURE BOWLS

Feel free to make changes or substitutions. Some changes may come at an additional cost.

\*Allergy information on next page.



## SALAD BOWLS



## GRAIN BOWLS

### MAYWEATHER

\$9.35

**Primary Base:** Kale

**Secondary Base:** Bulgur

**Ingredients:** Roasted Sweet Potatoes, Roasted Beets, Red Onions, Goat Cheese, Avocado

**Dressing:** Lemon Tahini & Pesto Vinaigrette

**From the Grill:** Chicken

### PESTO CAESAR

\$8.65

**Primary Base:** Kale

**Secondary Base:** Bulgur

**Ingredients:** Grape Tomatoes, Pita Chips, Lime-Pickled Onions, Shaved Parmesan

**Dressing:** Pesto Vinaigrette & Caesar

**From the Grill:** Chicken

*Kick it up with a shot of sriracha!*

### CORNER COBB

\$9.50

**Primary Base:** Arcadian Mix

**Secondary Base:** Kale & Roots Rice

**Ingredients:** Roasted Sweet Potatoes, Charred Corn, Red Onions, Cucumbers, Avocado, Hard Boiled Egg

**Dressing:** Greek Feta

**From the Grill:** Chicken

### TAMARI

\$9.35

**Primary Base:** Arcadian Mix & Roots Rice

**Ingredients:** Hard Boiled Egg, Cucumbers, Lime-Pickled Onion, Avocado, Carrots, Red Cabbage, Toasted Almonds

**Dressing:** Carrot Ginger

**From the Grill:** Miso Tofu

### EL JEFE

\$9.50

**Primary Base:** Brown Rice

**Secondary Base:** Kale

**Ingredients:** Black Beans, Charred Corn, Red Onions, Avocado, Pita Chips, Feta

**Dressing:** Cilantro Lime

**From the Grill:** Chicken

*Make it "the works" with a squeeze of fresh lime and Tabasco!*

### ROOTS BOWL

\$8.00

**Primary Base:** Roots Rice

**Secondary Base:** Spinach

**Ingredients:** Roasted Sweet Potatoes X2, Pita Chips, Red Onions, Goat Cheese, Dried Cranberries

**Dressing:** Lemon Tahini

*Ask for it with a splash of red wine vinegar!*

### THE APOLLO

\$9.00

**Primary Base:** Brown Rice

**Secondary Base:** Spinach

**Ingredients:** Chickpeas, Cucumbers, Grape Tomatoes, Red Onion, Pita Chips, Feta

**Dressing:** Lemon Za'atar

**From the Grill:** Chicken

### THE SOUTHERN

\$8.50

**Primary Base:** Roots Rice

**Secondary Base:** Kale

**Ingredients:** Chickpeas, Roasted Broccoli, Charred Corn, Lime-Pickled Onions, Cheddar

**Dressing:** Lemon Tahini

**From the Grill:** BBQ Tofu

### MAD BOWL

\$8.50

**Primary Base:** Brown Rice

**Secondary Base:** Spinach

**Ingredients:** Cannellini Beans, Roasted Broccoli, Red Onions, Grape Tomatoes, Cucumbers, Shaved Parmesan

**Dressing:** Basil Balsamic & Pesto Vinaigrette

**From the Grill:** Mushrooms

# CREATE YOUR OWN

Contains Gluten Dairy Sesame Premium Ingredient Not Vegan   
Grill item determines starting price.

## 1 BUILD YOUR BASE

What base or combination of bases would you like? We can make it however you want!

### GRAINS

Brown Rice

Roots Rice

Bulgur

### LETTUCES

Kale

Arcadian Mix

Spinach (+0.35)

## 2 ADD YOUR INGREDIENTS

5 ingredients are included. Premium ingredients count as 2. Additional ingredients beyond 5 are \$.35 each.

### Beans

Black Beans

Cannellini Beans

Chickpeas

### Roasted

Sweet Potatoes

Beets

Broccoli

### Prepped

Lime-Pickled Onions

Hard Boiled Egg

Toasted Almonds

Dried Cranberries

Charred Corn

Pita Chips

Carrots

### Raw

Red Onion

Avocado (counts as 3)

Cucumber

Grape Tomato

Red Cabbage

### Cheese

Cheddar

Feta

Parmesan

Goat Cheese

## 3 SELECT YOUR DRESSING

We'll add the standard amount, but let us know if you want us to adjust!

Cilantro Lime

Basil Balsamic

E.V. Olive Oil

Lemon Tahini

Carrot Ginger

Lemon Za'atar

Red Wine Vinegar

Pesto Vinaigrette

Greek Feta

Caesar

*No extra charge!  
Add some swagger to your bowl:*



Chipotle Tabasco

Sriracha

Salt & Pepper

Lime Squeeze

Lemon Squeeze

## 4 CHOOSE YOUR ITEM FROM THE GRILL

Can't decide? You can do half and half of 2 items.



Chicken \$9.00

BBQ Tofu \$8.75

Miso Tofu \$8.75

Mushroom \$8.75

Veggie \$7.65

*You can also add a full serving of a second item.*

+\$1.85

+\$1.45

+\$1.45

+\$1.45

+\$1.45